

LYN (LAP-BAND® System patient): Adjustments are really easy. I go to my doctor's office, it's a regular doctor's visit, I go in, lay down on the pad and he does the adjustment. It's very simple, takes five minutes, and I'm out of there.

LAURA BALDWIN (Bariatric Coordinator): At certain time periods you have to go in and the surgeon does a simple office procedure and they actually inject saline into the port that's implanted into the abdomen of the patient, and inject a small amount of saline. And what that does is that, that tightens the band a little bit so it's snug, and that helps the patient to eat less, to not feel hungry, and therefore, to continue to lose weight on a regular basis.

TAMI (LAP-BAND® System patient): I would say a month, after my initial surgery that I could feel that I was getting hungry and I could eat more and I knew... and my weight plateaued.

JOHN DIXON (Expert on Obesity & Bariatric Surgery): Adjusting the fit of the band on your stomach, with band adjustments to be just right for you is critical for the proper functioning of the band and optimizing the results.

MICHELE (LAP-BAND® System patient): I would come in for an adjustment and sometimes it would be too tight, sometimes I would come in for an adjustment and would still need to come back possibly a week later because I was still able to eat a decent portion of food.

KORY (LAP-BAND® System patient): When I start eating and I don't get that feeling of fullness I know that I have to get an adjustment so I'll just call the surgeon and make an appointment and I'll get a filling and after I have the filling then the food just won't go through as fast so I can't eat as much.

LAURA BALDWIN (Bariatric Coordinator): This is a procedure that if you don't go back and have your adjustments on a regular basis you simply won't lose weight, so the life long follow up and commitment on the part of the patient is essential.