

## Women and Heart Disease

The Heartfelt Moments Obesity Health Education Campaign aims to educate significantly overweight women regarding their increased risk of heart disease and the importance of reducing this risk through effective weight loss. The campaign is sponsored by Allergan, Inc., and is initiated in partnership with WomenHeart, a leading non-profit national organization dedicated to advancing women's heart health.

As part of the campaign, actress Caitlin Van Zandt of "Guiding Light" and "The Sopranos" shares the story of how a heartfelt moment between her and her mother, Barbara, led them both to make the decision to live heart healthy and reduce their heart disease risk by losing weight with the assistance of the LAP-BAND AP<sup>®</sup> Adjustable Gastric Banding System procedure. During the past year, Caitlin has lost 92 pounds and her cholesterol levels do not require medication. Barbara has lost 75 pounds and her cholesterol and blood pressure are under control.

The Campaign provides access to information, resources and tools available on [www.HeartfeltMoments.org](http://www.HeartfeltMoments.org), including: online risk assessment tools and tips to help women have a meaningful conversation about weight and heart disease risk with their loved ones.

Published results from past surgeries indicate that laparoscopic adjustable gastric banding may have fewer risks than other surgical treatments for obesity.

## IMPORTANT LAP-BAND<sup>®</sup> SYSTEM SAFETY INFORMATION

**Indications:** The LAP-BAND<sup>®</sup> System is indicated for use in weight reduction for severely obese patients with a Body Mass Index (BMI) of at least 40 or a BMI of at least 35 with one or more severe comorbid conditions, or those who are 100 lbs. or more over their estimated ideal weight.

**Contraindications:** The LAP-BAND<sup>®</sup> System is not recommended for non-adult patients, patients with conditions that may make them poor surgical candidates or increase the risk of poor results (e.g., inflammatory or cardiopulmonary diseases, GI conditions, symptoms or family history of autoimmune disease, cirrhosis), who are unwilling or unable to comply with the required dietary restrictions, who have alcohol or drug addictions, or who currently are or may be pregnant.

**Warnings:** The LAP-BAND<sup>®</sup> System is a long-term implant. Explant and replacement surgery may be required. Patients who become pregnant or severely ill, or who require more extensive nutrition may require deflation of their bands.

Anti-inflammatory agents, such as aspirin, should be used with caution and may contribute to an increased risk of band erosion.

**Adverse Events:** Placement of the LAP-BAND<sup>®</sup> System is major surgery and, as with any surgery, death can occur. Possible complications include the risks associated with the medications and methods used during surgery, the risks associated with any surgical procedure, and the patient's ability to tolerate a foreign object implanted in the body.

Band slippage, erosion and deflation, reflux, obstruction of the stomach, dilation of the esophagus, infection, or nausea and vomiting may occur. Reoperation may be required.

Rapid weight loss may result in complications that may require additional surgery. Deflation of the band may alleviate excessively rapid weight loss or esophageal dilation.

**Important:** For full safety information please visit [www.Lapband.com](http://www.Lapband.com), talk with your doctor, or call Allergan Product Support at 1-800-624-4261.

**CAUTION:** Rx only.